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Preface

The PhD Course Centre
The PhD Course Centre of the Graduate School of Life Sciences (GS-LS) was established in January 2015 as part of a two year-project funded by the Board of Studies of the GS-LS (deans of the faculty of Veterinary Medicine, the faculty of Science and UMC Utrecht). At present, we are gradually extending both the frequency and variety of courses and trainings that we offer. We aim to have a full programme by the end of 2016.

Courses
Our courses are meant to help you in your current research project and in your future career, be it in research or otherwise. Topics covered include general scientific skills, communication, entrepreneurship, personal development and career development. These courses complement our PhD programmes and PhD events, including the annual PhD Day in April (http://bit.ly/GSLSFB).

Attendance is free of charge for GS-LS PhD candidates
Since the PhD Course Centre is funded by the Life Sciences deans attendance of courses is free of charge for PhD candidates who are registered to the GS-LS and are employed, either on a grant or on a salary, by one of our three Life Sciences faculties. (Registration with the GS-LS takes place through submission of the Training & Supervision Agreement to the office of the dean of the faculty of employment). If you do not meet these criteria (e.g. if you are employed at the Hubrecht Institute) you do have access to our course programme but you will be charged a fee.

Attendance is on a voluntary basis
Attendance of these courses is on a voluntary basis. It is our pride to provide a collection of courses that is so attractive that you are happy to take some time off their busy schedule and attend some of them. Our courses cover a range of topics, including general scientific skills, communication, entrepreneurship, personal development and career development. Warning: You will be charged half the course fee if you cancel your registration too late, or if you do not attend the course for which you have registered (see course agenda for details).

Registration
You can register via the website of the PhD Course Centre that also hosts the course agenda: http://bit.ly/PhDCourseCentre

Suggestions?
We are currently in the process of setting up the PhD Course Centre and we will regularly update this guide. Your feedback on courses you attended is very welcome, as are suggestions for new courses. Please let us know, preferably via our LinkedIn group: http://bit.ly/GSLSLinkedin.

Kim van den Heuvel-Taverne, MSc, Coordinator PhD Course Centre, GSLS

Saskia Ebeling, PhD, Coordinator of Doctoral Education, GSLS

July 2015
1. General Scientific Skills
1.1 Introductory Biostatistics for Researchers

Course description

This course provides an introduction in statistical methodology and discusses a number of statistical techniques for practical data analysis. Statistical fundamentals are reviewed and expanded upon with multi variable regression analysis of Variance (ANOVA). Concrete examples and case studies are used to apply the theory to practical situations.

In general, the daily schedule of the course includes morning lectures from 09.30 to 12.30 h, followed by computer sessions in the afternoon from 13.30 to 17.00 h. Examples from medical and biological research will be used in the exercises. Datasets will be analyzed on computers using the statistical software packages R and SPSS (provided by the course organizers).

Prerequisite knowledge

Although active statistical knowledge is not a prerequisite, we assume some basic knowledge on statistics and mathematics:

- the concepts of population and sample
- histogram, boxplot, frequency table, scatterplot
- mean, median
- variance, standard deviation, range, interquartile range, standard error of the mean
- probability, probability distributions (especially the normal distribution)

Trainer

C.L.J.J. (Cas) Kruitwagen (Department of Biostatistics and Research Support, Julius Center, UMC Utrecht)

Number of participant
The maximum number of participants for this course is 16, the minimum number is 12.

Number of credits 3.0 EC

Course Certificate
After active participation during the whole course (morning and afternoon sessions) participants will receive a certificate.
1.2 That Thing Called Science

Course description

In modern life, science is everywhere. The products of biomedical science and technology may help achieve a healthy society and economic progress. They may prolong life and make it more agreeable at the same time. But how much do we really know about the production, implementation and evaluation of scientific knowledge? What, exactly, is the basis for our belief in science? What sets it apart from common knowledge? Who should we trust in case two scientists disagree in a hotly debated issue? Is science a vocation or just another profession? Is scientific knowledge something special to be emulated, or ‘just another opinion’? How does science really work? Are scientific facts discovered or rather socially constructed and considered ‘true’ only after fierce debate? How are science and technology embedded in society and how do they change over time?

If you want to become a scientist – either an academic researcher or a scientifically educated professional with a job outside academia -, you should be aware of these and similar questions. You should not just know about the contents of scientific knowledge, but about its context as well.

What you will learn
This course sets out to create that awareness, aiming for broad scientific literacy. In nine Friday afternoon sessions, the historical, philosophical, sociological, commercial, ethical, political and personal dimensions of the biomedical sciences will be discussed. For every session, five students will be appointed as (collective) chair. Together, they are responsible for the quality of the debate and the success of the meeting.

Trainer
During each session two speakers, who are experts in their field, will set the scene for a highly interactive session. Course coordinator: Prof.dr. Frank Huisman.

Max. number of participants 45 (a motivation letter is part of the selection procedure)

Number of credits 1 EC

Course certificate
You will receive a certificate of completion if you attend at least 7 out of 9 sessions. You are expected to be active as participant, which means that you prepare the topic and, even more important, that you take part in the general discussion.
2. Communication
2.1 Academic Writing in English

This is a writing course focussing on writing techniques and the correct use of the English language.

Course description

In this 6-session course, we will introduce writing techniques that you can use to communicate your message as clearly and concisely as possible. These techniques form the foundation for clear writing. This course will mix theory with practice: after learning the techniques in class, you will be asked to immediately apply them to your current article and will receive personal feedback every week. We will focus on discussion and revision.

What you will learn

You will learn to (objectively) assess your own and others’ writing, with a focus on clarity and conciseness. Instead of vaguely thinking something might be off with your writing, you should be able to concretely state what makes a sentence or paragraph difficult (or impossible) to understand and make suggestions to improve it. As an added benefit, you should also start developing the confidence to become an equal player in discussions about writing with your peers and superiors.

Topics covered include:

- crafting better sentences and paragraphs in English
- creating logical flow in paragraphs
- reducing wordiness and improving readability
- finding the appropriate register (level of formality)
- nuancing with tenses and verb structures in academic writing

We also review grammar, punctuation, and vocabulary issues, discuss the dialects of English (American vs British), and correct major flaws in day-to-day email and cover letter writing.

Please note: It is best to take this course when you have a rough draft of your current article. If you choose to both write the rough draft and revise it during the course, you will need to invest more time each week. At the very least, please come to the course with a clear idea of what you want to write about.

Trainer

Taylor Krohn, www.premiertaaltraining.nl
Max. number of participants 12

Number of credits 2 EC

Course certificate

You will receive a certificate of completion if you attend at least 5 sessions of the course and participate fully in the discussion and revision process.
2.2 Analytic Storytelling

Course description

Analytic Storytelling is a storytelling method for people working with complex content. It is a crucial, yet challenging task for researchers to deliver a clear and convincing message that will stick with the audience. To carry out this task successfully, Analytic Storytelling offers a step-by-step method that combines two complementing approaches:

*Analytic* ~ organize your complex content into a clear and sound structure that captures everything it should (and nothing it should not!).

*Storytelling* ~ provide an appealing and sensible context so that your message will come across and stick with your audience.

What you will learn

You will acquire skills to:

- structure your information correctly and clearly;
- provide an appealing context so your message will be interesting and memorable;
- adapt to the interest and knowledge-level your audience;
- use strong visuals and clear text to convey your story.

Using these skills you can adapt your story to any type of communication and also any type of audience: scientific articles, grant applications, or conference presentations; for colleagues or for a laymen audience.

You will receive two assignments: one before the start of the course (preparatory online module) and one before the second course day. During the course days you will learn how to work with the Analytic Storytelling method through bits of theory and a lot of exercise, and you will apply the insights to your own research story. You will receive extended feedback on your exercises as well as on the storyline of your own project from the trainer and the other participants.

Trainers

Stijn Cornelissen, Priscilla Brandon, Arnaud Bom (http://analytic-storytelling.com/)

Max. number of participants 6
Number of credits 0.7 EC

Course certificate

You will receive a certificate of completion if you attend both sessions of the course and complete all the course requirements (i.e. assignments).
2.3 From Manuscript to Thesis (seminar)

Short description

Veronique Eijkemans from Proefschriftmaken.nl will tell you everything you need to know about the design, printing and publishing of your thesis.

What you will learn

In this presentation you will learn everything about the design, printing and publishing of your thesis:

• What are the printing options: there are different kinds of printing techniques, options for a kind of paper and laminate and special designs. What will fit best with your thesis?
• The files: what are the options to design your files, how can you convert them to PDF and how can you edit the right way?
• Ready to print: there are a few things you have to keep in mind when you are deliver your files, like: are the page settings right, did you use enough white margin, does tables and graphics have a good quality? And so on…
• Lay-out by Proefschriftmaken.nl: if you do not have the time or you just do not want to do it yourself, Proefschriftmaken.nl can design you thesis and cover for your. There are special packages.
• How many time will it cost: all about the delivery times of printing a test book and eventually the whole order.
• What do we deliver: the services of Proefschriftmaken.nl and what is included in the total price.

Presenter

Veronique Eijkemans (Uitgeverij Boxpress, Proefschriftmaken.nl)

Max. number of participants    unlimited
2.4 Onderzoek met maatschappelijke impact

Deze cursus is gericht op wetenschapscommunicatie: het communiceren over je eigen onderzoek voor een lekenpubliek.

Cursusbeschrijving

Benutting van je inzichten en resultaten, ook buiten je eigen discipline, is voor jou als onderzoeker van groot belang. Subsidiegevers van wetenschappelijk onderzoek als NWO en STW stellen vaak als eis dat de kennis, die voortvloeit uit jouw onderzoek, ook maatschappelijk benut of gevaloriseerd wordt. Wetenschap moet niet alleen beter zichtbaar zijn, het moet ook maatschappelijke waarde opleveren. Wetenschappers komen tegenwoordig vaker in contact met betrokken organisaties of met geïnteresseerde leken.

Dit is een cursus waarin je in 7 sessies samen met de andere deelnemers op zoek gaat naar de maatschappelijke waarde of impact van je onderzoek. Je leert manieren om die waarde te vergroten en om er succesvol over te communiceren met een betrokken partij of met het publiek. Daartoe stel je een strategie op, waarvoor je onder andere een popularwetenschappelijke tekst voor een zelf gekozen doelgroep, en een presentatie voor een geïnteresseerd lekenpubliek zult maken over jouw onderzoek.

Wat je zult leren

Het doel van de cursus is:

- Ontwerpen en plannen van een strategie om de maatschappelijke impact van je onderzoek te artificeren en/of te vergroten;
- Het schrijven van een popularwetenschappelijke tekst over je onderzoek, passend binnen je strategie;
- Het bedenken en uitvoeren van een presentatie over je onderzoek voor een lekenpubliek;
- Het geven en ontvangen van feedback aan/van de andere deelnemers.

Elke week bouwt voort op de voorgaande weken. Van deelnemers wordt verwacht dat ze hun eigen onderwerp voor een tekst en een presentatie aanleveren, ontwerpen en hier tussendoor thuis aan werken. In de eerste 5 weken beslaan de bijeenkomsten een dagdeel, gevolgd door een week zonder bijeenkomst, een week waarin de presentaties elders plaatsvinden en een week met een afsluitend dagdeel. Sociaal leren, waarbij je elkaar steunt en verder helpt, staat centraal.
Trainer

Frans van Dam, docent wetenschapscommunicatie, Freudenthal Instituut

Max. aantal deelnemers 8

Aantal credits 3 EC

Certificaat

Je ontvangt een certificaat indien je minstens 5 van de 7 sessies hebt bijgewoond en voor de tekst en presentatie minimaal een voldoende (5,5 van 10) hebt gehaald.
2.5 Presenting in English

Course description

A three-session course (three hours each) to help you give clear and convincing presentations. There is more to a successful presentation than having good slides and knowing your stuff. Effective presentations are also about communication, energy, confidence, knowing your audience.

This intensive and hands-on course offers you the opportunity to get a fresh perspective on presenting, try out new techniques and experiment with ideas you might not have considered before.

What you will learn

You are expected to do two 10-minute research-related presentations: one in the first meeting and one in the third. In the first meeting, you will give a presentation and receive feedback on your performance. In the second meeting, you will give a 5-minute slide-less talk, and we will explore and reflect on the ingredients of effective presentations. Your 10-minute talk in the third meeting will allow you to demonstrate what you have learned.

Please do not prepare and use a full script. Make sure your talk is geared towards your fellow participants (i.e. a mixed-background audience).

Trainer

Margo de Wolf (http://www.aboutenglish.nl)

Max. number of participants 4

Number of credits 1 EC

Course certificate

You will receive a certificate of completion if you attend all three sessions of the course and complete all the course requirements.
2.6 Thesis Consultation

Short description

Veronique from Proefschriftmaken.nl is available for all your personal questions about the design, printing and publishing of your thesis.

Examples

- What are my printing options? What is the best option for my thesis?
- What are the options to design my files? How do I edit the right way?
- Ready to print: there are a few things you have to keep in mind when you are deliver your files, like: are the page settings right, did you use enough white margin, does tables and graphics have a good quality?
- Lay-out by Proefschriftmaken.nl: if you do not have the time or you just do not want to do it yourself, Proefschriftmaken.nl can design you thesis and cover for your. Veronique will explain all the (discount) packages and gives you personal advice.
- How many time will it cost: all about the delivery times of printing a test book and eventually the whole order.
- What do we deliver: the services of Proefschriftmaken.nl and what is included in the total price.

Advisor

Veronique Eijkemans (Uitgeverij Boxpress, Proefschriftmaken.nl)
2.7 Writing for Academic Publication

Course description

This is a 10-session course during which participants will write an article based on their own research, for submission to a peer-reviewed journal in their field. A grant proposal could also be the focus.

What you will learn

This is a course on writing, not on "English", and is as relevant for native English speakers as for those with English as a second or further language. Aim of the course is:

- Planning and drafting your research article or conference paper;
- Writing and editing more purposefully, applying practical insights from genre research, psychology, reading (and writing) research, academic publishing and other areas;
- Finishing the paper, and submitting it to a conference or a peer-reviewed journal or (for proposals) a funding agency;
- Publishing (or receiving funding).

Each week builds on the previous week. All participants must begin with their own current, writing project. Evidence of this will be needed on day one – at least a rough draft of an abstract together with a quarter page or so exploring (not necessarily in ‘academic’ language) how the research might fit into the ongoing conversation in its subject.

Trainer

Linda McPhee, PhD (http://www.lindamcpheeconsulting.com)

Max. number of participants   9

Number of credits       3 EC

Course certificate

You will receive a certificate of completion if you attend at least 9 sessions of the course and complete all the course requirements.
2.8 Writing a Scientific Paper

Course description

This 6-session course covers all basic skills and topics of the writing process, structure and style of a scientific paper. It is not mandatory for participants to be writing an article at the time of the course, but if you wish, you may submit a draft for discussion and feedback. Between every session you should plan two hours of study time to carry out small writing assignments.

What you will learn

This course offers practical guidelines for a successful approach of your (future) writing task. Special attention is paid to the problems of the beginning writer: how to start, how to determine what you have to say, how to overcome writing blocks, how to compose a coherent line of thought?

The program contains the following topics:

- The process of writing: a systematic method for writing and revision
- Design of a paper and structure of sections (Introduction, Material and methods, Results, Discussion)
- The research question and your key message
- Building paragraphs: coherence, use of conjunctions, topic sentences
- Academic style: characteristics, vocabulary, passive or active voice, sentence length, cautious language, verb tenses
- Critical review of (parts of) research papers
- Writing critically: argumentation
- English as a foreign language, grammar pitfalls

Trainer

Annemarie van der Zeeuw, www.wetenschappelijkschrijven.nl and www.focusoptekst.nl

Max. number of participants 12
Number of credits 2 EC

Course certificate

Participants will receive a course certificate on condition that they are present at least 5 sessions.
3. Personal Development
3.1 Achieving your goals and performing more successfully during your PhD

Course description

This personal development course aims to help you become more effective in your PhD project. We’ll discuss how to set good goals and achieve them, how to improve your interaction, how to get the most out of the people that you work with, and how to best manage your time and the risks in your project. Along the way, you will gain important insights into your personality, your personal strengths, and your pitfalls. For an overview of the subjects discussed in each session, please refer to the full course description on our website.

What you will learn

After this course, you will:

• Have acquired a valuable set of tools that will serve you in your work, such as the ability to set clear and effective goals, and to better manage time and risk;
• Have a clear sense of your drivers, strengths and skills, guiding your future (career) choices;
• Be more proficient in how you cooperate with people and how you interact with them in order to get things done and attain your goals.

Trainer

Michiel and Jacques Jongerden (Exergy, http://www.exergy-training.nl/)

Max. number of participants    14

Number of credits             2 EC

Course certificate

You will receive a course certificate after attending all training sessions.
3.2 Feel at home in The Netherlands too (seminar)

After a successful first session at the Hubrecht Institute last year, the PhD Course Centre offers this seminar to all participants within the Graduate School of Life Sciences (i.e. PhD candidates, supervisors, postdocs and other researchers).

Short description

Now that you are working or studying and living in the Netherlands, it is important that you also learn who the Dutch are and that you know how they think!

Individualism is deeply rooted in the Dutch culture. People have to prove themselves and make clear where they stand. This focus on oneself often makes them unaware of how their behavior affects others. If you learn why the Dutch are so direct and often judgmental, you might be able to get along better. "Say it how it is and don’t beat around the bush", is a well-known Dutch principle. Do not be alarmed, it is meant well.

"Just be normal, then you are already crazy enough", is another well-known Dutch saying. This Calvinistic approach has resulted in, among other things, Dutch people being money-wise, know how to save and are modest about their own qualities. In whatever situation you are, you can learn how to deal with it so you can feel at ease. It is important that you not only feel good in your own country but that it also feels pleasant in the Netherlands, so that it is also home.

What you will learn

Communicate with the Dutch:

- Usual person distance
- Physical contact versus eye contact
- Differences between distance and solidarity civility
- Use of humour
- Hospitality in the Netherlands

"The" Dutch culture:

- What is culture?
- How does the Dutch culture differ to other countries and what is the cause of this?
- Group-orientated cultures versus individualistic-orientated cultures
- Dealing with time
• Male and female roles
• Dealing with hierarchy
• Taboos

**Trainer**

Trainer from Babel Talen (http://www.babel.nl)

**Max. number of participants** 30

**Number of credits** 0.2 EC

**Course certificate**

You will receive a course certificate after attending this seminar.
3.3 Mindfulness and Stress Reduction

Course description

Our habitual, automatic and unconscious patterns of reacting to stressful situations are known to be a source of stress, both at work and in our personal life. The aim of this course is to get to fully understand this process, to gain insight into our own automatic patterns, and to acquire alternative, more flexible ways of responding to situations that repeatedly have been stressful to us in the past. The skills learned in this course can be practiced after the course, and thus help to prevent (work)stress from accumulating and becoming a health problem in the future.

What you will learn

In this course the following themes will be addressed:

• skills to pay attention to the present moment-to-moment experience of bodily sensations (including breathing), thoughts, and emotions. Mindfulness meditation is used to develop these skills
• awareness of unpleasant sensations, emotions and thoughts and how our habitual ways of reacting to these are a cause of stress
• how to stop these automatic patterns of reacting to difficult situations, and respond in a more effective and flexible way instead
• physiology of stress
• how self acceptance, self kindness and self care are helpful
• to recognize and respectfully take care of one’s personal boundaries (learning ‘to say no’ to what is unacceptable for you)
• stress in interaction and communication with others in general and in the working situation.

Course programme

The course contains 8 weekly sessions of 2,5 hours, plus an extra session of practicing ‘silence’, in which all aspects of what is learned comes together. Participants are asked to practice one hour each day at home (mainly doing meditation exercises and keeping a log). The willingness to do this is necessary to participate.
Participation requirements

The effect of Mindfulness has been widely studied, and it turns out that it is not recommended to participate if you suffer from or have:

- acute, serious depression
- psychosis
- serious addiction (alcohol/drugs)
- negative attitude towards meditation

Participants will fill out a small questionnaire, to see if the requirements are met. The trainer may decide to exclude anyone from participation based on this information.

Trainer

Marjan Ossenbaard (http://www.i2l.nl/)

Max. number of participants 12

Number of credits 2.0 EC

Course certificate

You will receive a course certificate after attending at least 8 course sessions and active participation.
3.4 Supervision of Master's students

Course description

Many PhD candidates are involved in supervising Master’s students during their research project (internship). Good supervision is an important, but not an easy job. How can you do this the right way? This course focusses on mastering the basic skills of guiding Master’s students during their research project in a short time.

What you will learn

In this course the following topics are discussed:

• tasks and mutual expectations;
• supervision models and roles: tension between supervision and assessment;
• design and planning of a supervision route;
• basic conversation skills;
• the conduct of specific conversations (such as an introduction interview or a progress interview);
• dealing with some difficult situations (fine-tuned on experiences of the participants).

These subjects are discussed in two course days, emphasizing those subjects which are important for the PhD candidates, as discovered in a questionnaire that is sent to the participants before the start of the course.

Trainer

Marjan Ossenbaard (http://www.i2l.nl/)

Max. number of participants 12

Number of credits 0.6 EC

Course certificate

You will receive a course certificate after attending both course sessions and active participation.
4. Entrepreneurship
4.1 BioBusiness Summer School

The BioBusiness Summer School is organized by Hyphen Projects B.V. The Graduate School of Life Sciences highly recommends this course.

*The information below is copied from the website of the Biobusiness Summer School*

**Jumpstart your business career in Life Sciences**

Are you a PhD student, a postdoc or a Master student and are you interested to pursue your career in one of the many Life Sciences companies? Do you want to know more about the business field and your career opportunities? Then we invite you to participate in the unique program of this international summer school.

The five-day intensive program of the BioBusiness Summer School introduces you to the business world of Life Sciences. The lectures are given by inspiring speakers, professional trainers and guest subject specialists. Not only will you learn about all important business topics, you will also have ample networking opportunities and meet many representatives of leading Life Sciences companies.

**When and where**

The next BioBusiness Summer School will take place from June 22nd till 26th, 2015. The location is the lively city of Amsterdam.

**Who can apply**

PhD students, post-docs and MSc students, scientists in their first industry jobs and scientists interested in starting their own company.

**Costs**

To participate in BioBusiness Summer School you need to pay the participation fee of € 975. Only once the invoice is paid will your participation be secured. The fee includes access to the lectures and workshops, course material, coffee/tea, lunch and social program. Breakfast, evening meals, accommodation and transportation are not included.

**More information**  [http://www.biobusinesssummerschool.nl/](http://www.biobusinesssummerschool.nl/)
4.2 Entrepreneurship in Life Sciences and Health

Course description

In the Entrepreneurship and Innovation in Life Sciences & Health Seminars academic experts and practitioners from industry and government will share their insights on entrepreneurship and innovation in the Life Sciences and Health domain. They will explore the interaction between science, industry and policy in this domain. During this seminar series you will discover your own career direction finalized by writing and defending a (fictive) business plan.

What you will learn

- Gain insight in the interaction between science, industry and policy
- Write a (fictive) business plan
- Give a pitch, defending your business plan
- Reflect on your own career

During this seminar series you will write a (fictive) business plan together with a team of 5 people. The business plan will be based upon an existing start-up of your own choice. Or you can choose to write a plan based on your own invention using a template from an existing start-up.

During seminar 9 you will practice the pitch. An expert will help you to prepare for the final pitch at seminar 10. The pitch will be delivered by a delegate from the group of five. A panel of experts will take the opportunity to challenge the group with “real world” questions and remarks.

Finally you will also write a final report consisting of 1) summaries of at least 7 seminars, 2) a personal reflection on your future career, 3) one major suggestion to improve the course.

Coordinators

Coordinators: Prof. Marianne van der Steen (MBI Health, Julius Center, UMCU) and Prof. Paul Gründeman (Experimental Cardiology UMCU).

Max. number of participants 20

Number of credits 3.0 EC

Course certificate

You will receive a course certificate after attending at least 8 (out of 10) course sessions, handing in the business plan, and a sufficient grade for the final report.
5. Career Development
5.1 PhD Event

The PhD Events are held five times a year, preferably on the first Friday of every even month. In the calendar on our website you will find the dates of the upcoming events.

Programme

15.15 h Managing your PhD – Introduction for new PhD candidates

15.45 h Break

16.00 h Spotlight: -a variety of topics-

Examples: ‘How to get selected’
‘Career perspectives’
‘Science in Transition’

17.00h Networking, free drinks and snacks
5.2 PhD Day

The PhD Day is an annual event centralized around a theme in career and/or personal development. Below you will find the programme overview of the PhD Day 2015, which was held on April 17th. The PhD Day will be announced, like our PhD Events, in the calendar on our website.

Programme

Part I: A good start in your science career
12.30h Welcome – Saskia Ebeling, PhD, Coordinator of Doctoral Education
12.55h The PhD Council – Genoveva Keustermans, MSc, Chair PhD Council
13.05h Personal Development and transferrable / professional skills – Prof. Gerrit van Meer, PhD, Dean of the Faculty of Science
13.25h Launch of the ‘PhD Course Centre’ – Prof. Gerrit van Meer, PhD

Part II: Course Market
13.30h Course ‘market’ with coffee/tea. Organizers of courses offered by the PhD Course Centre present their courses.

Part III: How to stand out in the crowd
14.30h Tips & Tricks round 1
   CV-doctor - Marie Anne Borst
   Networking - Sarita Bajnath
   Effective use of Social Media for Scientists - Alex den Haan
   Out of the box: Stress Reduction - Marjan Ossebaard
15.30h Tips & Tricks round 2 (see round 1)
16.30h Tips & Tricks round 3 (see round 1)

Part IV: Networking
17.30h Free Drinks & Dinner at Utrecht Botanic Gardens. A professional photographer is available to take presentable profile pictures (e.g. for your LinkedIn profile).
20.00h End

Certificate
You will receive a certificate of attendance after attending all parts of the programme (0.3 EC). These credits can be used for your PhD Training Certificate.